

**Consulate General of India
Jaffna**

Press Release

**International Day of Yoga 2024- Mega Event at Jaffna Thiruvalluvar Cultural
Centre
Jaffna, 21 June 2025**

The Consulate General of India in Jaffna celebrated the International Day of Yoga 2025 with a large-scale culminating event at the Jaffna Thiruvalluvar Cultural Centre on 21 June 2025. The event drew enthusiastic participation from over 1,700 individuals, including yoga practitioners, students, and members of the general public.

2. Consul General Shri Sai Murali addressed the gathering and extended a warm welcome to all participants. In his remarks, he highlighted yoga as a profound gift not merely for India but for the entirety of humanity. Highlighting this year's theme, "Yoga for One Earth, One Health," Consul General noted its deep relevance in today's interconnected world. He emphasized that yoga is not just a physical exercise, but a holistic philosophy that contributes to physical, mental, and environmental well-being. He also referred to a Sanskrit sthotra that aspires for all to be free from disease, underlining yoga's enduring role in fostering global health and inner peace.

3. The event was graced by Hon'ble Mayor of Jaffna Municipal Council, Ms. Vivekanandaraja Madivadani; Ms. Thanuja Murugesan, Chief Secretary, Northern Province; Mr. Patrick Diranjan, Secretary, Ministry of Education; Dr. T. Sathiyamoorthy, Director, Jaffna Teaching Hospital; Prof. Sivakolundu Srisatkunarajah, Vice Chancellor, University of Jaffna; Mr. S. Krishnenthiran, Municipal Commissioner, Jaffna Municipal Council; Deans of the University of Jaffna, along with other dignitaries and officials of the Consulate.

4. The International Day of Yoga 2025 celebrated on 21 June at the Jaffna Thiruvalluvar Cultural Centre, built with Indian grant assistance of USD 12 million, was a grand success and reflected the overwhelming interest and commitment to Yoga for personal and societal well-being among the people of Northern Province. This event in Jaffna marks the culmination of many events of different scales conducted across the five districts of the Northern Province, in the run up to the final mega event.

5. A few representative photographs are enclosed.

**Jaffna
21st June 2025**